

How To Feed - The Pocket Feeding System

The Actual Process - How To Pocket Feed

- Dig a hole in one corner of the bin (If its a round one, just pick a spot - think of it like a clock face, with the "corners" being 12.00, 3.00, 6.00 and 9.00.)
- Place new dry bedding in the hole (using dry bedding helps absorb the juices and stops them leaching down into the bin.)
- Place the food on the bedding.
- Shake some worm farm conditioner over the food (garden lime, rockdust, ground eggshells etc.)
- Cover it over with what you dug out.
- The next time you feed, feed in another corner of the bin. Rotate around the bin each time - you can use 4 corners in a square or rectangular bin; or 6 spots like a dice in a rectangular bin; or 12/3/6/9 o'clock in a circular one.

Why Use The Pocket Feeding System?

When you start out, it is VERY hard to understand what the worms are eating.

It is VERY EASY to overfeed and kill your worms.

But you don't want them to STARVE - and you want them eating their fill so you can get that lovely vermicompost later.

So . . . here's my logic on the method:

You're better off feeding one weeks food each week.

The worms will be eating the food from 2 weeks ago, and may start on the fresh food within 3 days.

You feed again on the next weekend. The food ROTS DOWN naturally and they eat it just as quick as ground/frozen food.

For example: Feed the worms this weekend, what you think they'd eat in one week.

Next weekend repeat.

3rd weekend - IF they've finished the food from 2 weeks ago you feed same amount again.

How Do You Know If The Worms Are Eating The Food?

The Time Line Of Feedings:

IF they haven't eaten all the food from 2 weeks ago, you're feeding too much - feed a little less this weekend - OR leave it 10 days between feedings.

IF they HAVE finished all the food, from 2 weeks ago, A FEW DAYS EARLY - you know the population is growing, and you can feed a little MORE this weekend and following weekends.

The food ROTS DOWN and they eat it - admittedly a week or two after you feed it - but they are eating at their fastest rate as long as you place the food in there a week ahead of time. No need for grinding or freezing food.

It is a fallacy that "they eat more" if its ground or frozen - its just they eat the stuff you put in this week this week - they didn't eat MORE they just ate it as you put it in if that makes sense.

If you would like to see a video of the process - I have one on my Youtube channel:

https://www.youtube.com/playlist?list=PL_7Pebu24TOTP61Nvo4ljPKcZskxsCMC0

You can see what I mean on **the second video in following playlist** - I show a "timeline of feedings".

The worms are all over the food from 2 weeks ago, and starting on the 1 week old food, and are completely finished the 3 week old food.

They are eating as much as they want (remembering they eat bedding too, ok?)

I don't see how anyone can say that if I ground the food they'd eat MORE:

Here's my YouTube video on feeding - the first video shows how to feed a worm farm by pocket feeding.

The second video shows what I mean by pocket feeding ahead of what the worms eat.

https://www.youtube.com/playlist?list=PL_7Pebu24TOTP61Nvo4ljPKcZskxsCMC0

Well - that's the end of this quick little pocket feeding guide.

<EDUCATION PROGRESSION>

You can find MANY MORE resources, most of which are FREE, on the help/resources page at:

www.thewormman.com.au/help

On the HELP page, please read "Quick Start Instructions" (about 3 pages, that I give all my own customers with any composting worm purchase) - followed by the "Frequently Asked Questions" E-book (it INCLUDES the quick start instructions but has many many more pages of free info too.)

On the bottom of the page are MANY more free resources and articles.

If you have any questions, suggestions - ANYTHING - just shoot me an email.

THANKS very much for looking at my info.

On the next page are some recommended resources for you.

Following that is a little biography about me and my "Journey With The Worms".

Regards,

Brian Donaldson
0419 419 572 (Australia)

<mailto:brian@TheWormMan.com.au>

www.TheWormMan.com.au

<https://www.youtube.com/c/brianthewormman1>

<https://www.facebook.com/BrianTheWormMan>

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