

# "The Worm Man"

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## Instructions For: Make A Mini Worm Farm With Worms To Take Home

Hi there !

Seeing as you are reading this page, you must have done an activity with me where you made a mini worm farm to take home with worms.

Well done !

You have started your journey to help the environment by learning how to reduce waste !

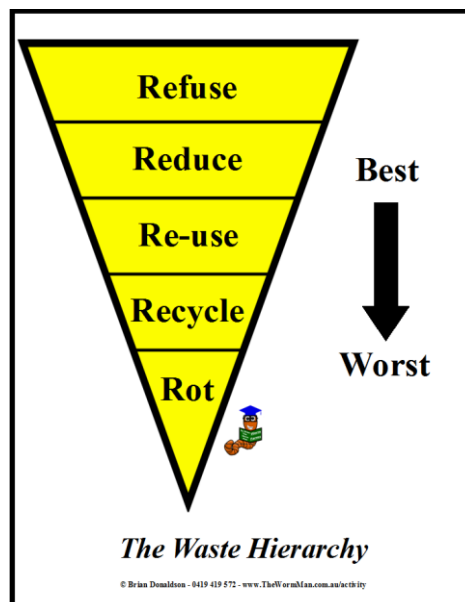
Remember, Olly the worm says:

***"To help reduce waste, learn to: Refuse, Reduce, Reuse, Recycle & only then Rot."***

After having a look at the tips here, you might want to have a quick look at the "normal" composting worm instructions. ([www.TheWormMan.com.au/help](http://www.TheWormMan.com.au/help))

An adult may have to read them with you – or you may have to help your adult on the computer ! Olly says ***"That's a great way to teach adults about reducing waste !"***

You can find lots of free instructions here: <https://thewormman.com.au/help/>



### ***Feeding & Care Tips For Your Mini Worm Farm***

***Care: Position the farm somewhere protected:***

***Place the farm somewhere it won't get wet, hot or cold:***

- Out of the sun
- Out of the wind
- Out of the rain
- Don't place the farm on a cold floor. Put something underneath, like a towel, some thick cardboard or a newspaper.

## **Feeding:**

**Remember to add a few tablespoons of dry bedding with every feeding. Cardboard, newspaper or leaves.**

Remember, worms only eat a little bit each week. If you feed them too much they may suffer. Feed them something very small and you can feed them more often.

Try feeding them about a tablespoon of food the first weekend.

Feed something soft and easy for them to eat like cooked vegetables left over from your dinner (but remember, no sauce, gravy, meat or cheese.)

An apple core, some strawberry tops or a small banana skin is also an excellent food.

Then on the second weekend, they may not have eaten that yet.

It takes a while for them to start eating.

If you think they have eaten the food, feed them again. You should see the food disappear.

Don't feed them a third time until you're really sure they have eaten the food from 2 feedings ago.

## **Moisture**

Be REALLY CAREFUL about adding moisture. It is very hard to take out if you add too much.

There should be enough moisture in the food you add each week. If you think the farm is way too dry, just put a tablespoon of water in with the food one time and see how it looks after that.

If you DO add too much moisture, put a little extra new bedding in dry.

## **Harvesting – For When Your Farm Fills Up**

When your worms have been living in the mini worm farm for some time, the bottle will begin to fill up with worm castings. Remember, worm castings are GREAT for plants.

You will have to cut the mini worm farm open to remove the contents.

You can either place everything from the mini worm farm into a bigger worm farm, or remove the worms and any cocoons you find and make up new bedding and start a new mini worm farm.

You may have enough worms to start TWO mini worm farms.

Think about sharing one with a friend – teach others about waste reduction!

Give the castings to one of the plants at home – plants LOVE castings. (Pro tip: Water it in as well.)

Ollie says “Remember to rinse then RECYCLE the container when you're finished with it.”

## **Worm Farming Workshops & Children's Activities & Incursions**

If you or someone you know wants to learn more about worm farming, I do workshops on all kinds of interesting things, plus many children's activities.

Check out the workshops page here: [www.thewormman.com.au/workshops](http://www.thewormman.com.au/workshops)

And Incursions / Kids Activities here: [www.thewormman.com.au/activity](http://www.thewormman.com.au/activity)

### **Educational Incursions With Brian The Worm Man:**

- **Worm Farming Incursion**
- **Little Worm Farmers (Take-home drawing)**
- **Special Bug Investigation**
- **Grass Head Pets (Take-home)**
- **Dig & Discover Live Worm Experience**
- **Make A Mini Worm Farm With Live Worms To Take Home (Take-home)**